



Session planner Monday 16th April - Saturday 26th May 2018.
Classes held at Chase Community School unless other wise stated.

			Juniors - 6pm - 7pm	Seniors 7pm - 8.30pm
16-Apr	Monday		Techs/Pads/Spar	Padwork
17-Apr	Tuesday		Techs/Pads/Spar	Padwork
18-Apr	Wednesday	Tiny Tigers 5.15 - 6pm	Techs/Pads/Spar	Competition drills/Pad work
19-Apr	Thursday		Techs/Pads/Spar	Techniques
21-Apr	Saturday	Tiny Tigers 9.00 - 9.45 am	12.15-2.15pm Senior Competition Training	
		Tiny Tigers 9.50 - 10.35 am		

			Juniors - 6pm - 7pm	Seniors 7pm - 8.30pm
23-Apr	Monday		Techs/Pads/Spar	Techniques
24-Apr	Tuesday		Techs/Pads/Spar	Padwork
25-Apr	Wednesday	Tiny Tigers 5.15 - 6pm	Techs/Pads/Spar	Competition drills/Pad work
26-Apr	Thursday		Techs/Pads/Spar	Sparring
28-Apr	Saturday	Tiny Tigers 9.00 - 9.45 am	12.15pm - 2.15pm Senior Competition Training	
		Tiny Tigers 9.50 - 10.35 am		

			Juniors - 6pm - 7pm	Seniors 7pm - 8.30pm
30-Apr	Monday		Techs/Pads/Spar	Sparring
01-May	Tuesday		Techs/Pads/Spar	Padwork
02-May	Wednesday		Techs/Pads/Spar	Competition drills/Pad work
03-May	Thursday		Techs/Pads/Spar	Padwork
05-May	Saturday	Tiny Tigers 9.00 - 9.45 am	No Training	
		Tiny Tigers 9.50 - 10.35 am		

			Juniors - 6pm - 7pm	Seniors 7pm - 8.30pm
07-May	Monday		Bank Holiday	
08-May	Tuesday		Techs/Pads/Spar	Padwork
09-May	Wednesday	Tiny Tigers 5.15 - 6pm	Techs/Pads/Spar	Competition drills/Pad work
10-May	Thursday		Techs/Pads/Spar	Techniques
12-May	Saturday	Tiny Tigers 9.00 - 9.45am Tiny Tigers 9.50 - 10.35am	No Training	

			Juniors - 6pm - 7pm	Seniors 7pm - 8.30pm
14-May	Monday		Techs/Pads/Spar	Techniques
15-May	Tuesday		Techs/Pads/Spar	CV/Padwork
16-May	Wednesday	Tiny Tigers 5.15 - 6pm	Techs/Pads/Spar	Competition drills/Pad work
17-May	Thursday		Techs/Pads/Spar	Sparring
19-May	Saturday	Tiny Tigers 9.00 - 9.45 am Tiny Tigers 9.50 - 10.35 am	12.15 - 2.15pm Senior Competition Training	

			Juniors - 6pm - 7pm	Seniors 7pm - 8.30pm
21-May	Monday		Techs/Pads/Spar	Sparring
22-May	Tuesday		Techs/Pads/Spar	CV/Padwork
23-May	Wednesday	Tiny Tigers 5.15 - 6pm	Techs/Pads/Spar	Competition drills/Pad work
24-May	Thursday		Techs/Pads/Spar	Padwork
26-May	Saturday	Tiny Tigers 9.00- 9.45am Tiny Tigers 9.50 - 10.35am	No Training	